



Aug 13, 2025

MINUTES OF MEETING

IMPLEMENTATION STRAETGY AT JUIT WAKNAGHAT IN RESPECT OF THE SUPREME COURT'S (SC) JULY 25 RULING ON STUDENTS MENTAL HEALTH

1. A meeting on the above subject was held under the Chairmanship of Hon'ble CEO, Shri Manu Bhaskar Gaur ji on 12 August 2025 at 11:00AM at JUIT Wagnaghat. The meeting was attended by Registrar, Associate Dean (Innovations), HR Consultant and In-house Counselor of the University.
2. As directed by the Hon'ble CEO, a holistic view was taken on the JUIT Wagnaghat **Students' Mental Health aspects**, especially in line with the directions issued by the Hon'ble Supreme Court of India on 25 July 2025.
3. For implementation of the guidelines, issued by the Hon'ble Supreme Court, in letter and spirit at JUIT wagnaghat, along with associated actions (and responsibilities), directions given are enumerated as follows :

<u>SNo</u>	<u>Gist of Supreme Court Guidelines</u> <u>(25 July 2025)</u>	<u>Action & Responsibility</u>	<u>Remarks</u>
1	All educational institutions shall : - (a) Adopt and implement a uniform mental health policy drawing cues from the UMMEED Draft Guidelines, the MANODARPAN initiative, and the National Suicide Prevention Strategy. (b) This policy shall be reviewed and updated annually and (c) Make this policy publicly accessible on institutional websites and notice boards of the institutes.	Committee headed by Prof. Shruti Jain, along with Dr. Neel Kanth, Dr Anita, Ms. Aman (In-house Counselor) & CMO as its members, to formulate a comprehensive policy for JUIT & present it to the Hon'ble CEO by 19 Aug 25.	



2	All educational <u>institutions with 100 or more enrolled students</u> shall appoint/engage at least one qualified Counselor, Psychologist, or Social Worker with demonstrable training in child and adolescent mental health. Institutions with fewer students shall establish formal referral linkages with external mental health professionals.	Ms Aman , a trained & qualified Counselor is a permanent employee of JUIT and stays in-campus. Dr Shalini Dhadwal , another trained and certified Counselor, has been appointed as a visiting Counselor to JUIT on Weekly basis.	
3	All educational institutions shall ensure optimal Student-to-Counsellor ratios . Dedicated mentors or counsellors shall be assigned to smaller batches of students, especially during examination periods and academic transitions, to provide consistent, informal, and confidential support.	No ratios have been laid down. However, apart from above, JUIT is also taking online services of “YourDost”, a platform that offers 24 × 7, stigma-free, therapeutic solutions to the affected students. All our enrolled students are members of this platform. Mr Amit Shrivastava to ensure sharing of the current e-mail addresses of all the registered students with Your Dost	Counselors to be more active during exams time & academic transitions. Dance Therapy will be started soon. Yoga sessions will be continued at Dhyani Kaksh.
4	All educational institutions, more particularly the coaching institutes/centres, shall, as far as possible, refrain from engaging in batch segregation based on academic performance, public shaming, or assignment of academic targets disproportionate to students’ capacities .	Dean (Academics) & all HODs to ensure strict implementation of this aspect. Ensure that suitable written instructions on the issue are issued.	



5	All educational institutions shall establish written protocols for immediate referral to mental health services, local hospitals, and suicide prevention helplines. Suicide helpline numbers, including Tele-MANAS and other national services, shall be prominently displayed in hostels, classrooms, common areas, and on websites in large and legible print.	Prof. Shruti Jain, CMO, In-house Counselor, in consultation with Registrar & DoS, to coordinate and share requisite information through the laid down platforms by 19 Aug 2025.	
6	All teaching and non-teaching staff shall undergo mandatory training at least twice a year, conducted by certified mental health professionals, on psychological first-aid, identification of warning signs, response to self-harm, and referral mechanisms.	Ms Aman, In-house Counselor and Dr Shalini Dhadwal to conduct the training on regular basis. Modalities shall be worked out in consultation with the Registrar. Regular E-mails to be sent to all the students/ faculty/staff. Further detailed flyer should be prepared and displayed prominently on all	Mental Health Day on 10 Oct 25 shall be celebrated. The schedule of events shall be prepared by the Counselor and got approved from the competent
7	All educational institutions shall ensure that all teaching, non-teaching, and administrative staff are adequately trained to engage with students from vulnerable and marginalized backgrounds in a sensitive, inclusive, and non-discriminatory manner. This shall include, but not be limited to, students belonging to Scheduled Castes (SC), Scheduled Tribes (ST), Other Backward Classes (OBC), Economically Weaker Sections (EWS), LGBTQ+ communities, students with disabilities, those in out-of-home care, and students affected by bereavement, trauma, or prior suicide attempts, or intersecting form of	Ms Aman, In-house Counselor and Dr Shalini Dhadwal to conduct the training on regular basis. Modalities shall be worked out in consultation with the Registrar. Proposal for any additional committee required to cover additional aspects included in this mandate of the Hon'ble SC shall be proposed to the Registrar for publication. The mandate shall also be given to the Caste Based	Ms Aman, In-house Counselor and Dr Shalini Dhadwal to conduct the training on regular basis. Modalities shall be worked out in consultation with the Registrar. Regular E-mails to be



	marginalisation.	Discrimination Committee already in place.	sent to all the students/faculty/staff. Further detailed flyer should be prepared and displayed prominently on all notice boards of JUIT.
8	All educational institutions shall establish robust, confidential, and accessible mechanisms for the reporting, redressal and prevention of incidents involving sexual assault, harassment, ragging, and bullying on the basis of caste, class, gender, sexual orientation, disability, religion, or ethnicity. Every such institution shall constitute an internal committee or designated authority empowered to take immediate action on complaints and provide psycho-social support to victims. Institutions shall also maintain zero tolerance for retaliatory actions against complainants or whistle-blowers. In all such cases, immediate referral to trained mental health professionals must be ensured, and the student's safety, physical and psychological, shall be prioritised. Failure to take timely or adequate action in such cases, especially where such neglect contributes to a student's self-harm or suicide, shall be treated as institutional	ICC, Caste Based Committee and Anti Ragging Committees are already in place to take care of these aspects. However, the directions of the Supreme Court shall be re-iterated to these committees through an office order by the Registrar. The information wrt the above aspects shall be disseminated regularly to all the stakeholder every month by Prof. Shruti Jain.	ICC Chairman and Caste Based Committee chairman have to submit last two years report to the Registrar office by 18 August 25.



	culpability, making the administration liable to regulatory and legal consequences.		
9	All educational Institutions shall regularly organize sensitization programmes (physical and/or online) for parents and guardians on student mental health. It shall be the duty of the institution to sensitize parents & guardians to avoid placing undue academic pressure, to recognisesigns of psychological distress& to respond empathetically & supportively. Further, mental health literacy, emotional regulation, life skills education, & awareness of institutional support services shall be integrated into student orientation programmes and co-curricular activities.	Ms Aman, In-house Counselor and Dr Shalini Dhadwal to conduct the training on regular basis. They shall plan and propose activities by any additional professional speakers (online / offline) for this purpose. Modalities shall be worked out by them in consultation with the Registrar.	
10	All educational institutions shall maintain anonymised records and prepare an annual report indicating the number of wellness interventions, student referrals, training sessions, and mental health-related activities. This report shall be submitted to the relevant regulatory authority, which may be the State Education Department, University Grants Commission (UGC), All India Council for Technical Education (AICTE), Central Board of Secondary Education (CBSE), or as otherwise indicated.	Ms Aman , In-house Counselor and Dr Shalini Dhadwal to submit a monthly <u>CONFIDENTIAL</u> report to the Registrar by 01 st of every month. Modalities shall be worked out in consultation with the Registrar. The yearly report shall be submitted, as per the mandate, after due approval of the competent authority.	Ms Aman to prepare the data of her Counselling done in last 1.5 years and discuss the same with Hon'ble CEO.



11	All educational institutions shall prioritise extracurricular activities, including sports, arts, and personality development initiatives. Examination patterns shall be periodically reviewed to reduce academic burden and to cultivate a broader sense of identity among students beyond test scores and ranks.	HSS Deptt under their HOD shall organize regular classes/ workshops/ sensitization programmes on personality development for all the students. Further, Faculty Incharges of various clubs of JYC, to coordinate the other connected aspects related to extracurricular activities, including sports, arts and other cultural / meditation activities etc.	
12	All educational institutions, including coaching centres and training institutes, shall provide regular, structured career counselling services for students and their parents or guardians. These sessions shall be conducted by qualified counsellors and shall aim to reduce unrealistic academic pressure, promote awareness of diverse academic and professional pathways, and assist students in making informed and interest-based career decisions. Institutions shall ensure that such counselling is inclusive, sensitive to socio-economic and psychological contexts, and does not reinforce narrow definitions of merit or success.	Structured career counseling for the students will be coordinated by Training and Placement Cell of JUIT. Similar counseling for the students & parents will be coordinated by Ms Aman , In-house Counselor and Dr Shalini Dhadwal , on regular basis.	
13	All residential-based educational institutions, including hostel owners, wardens and caretakers, shall take proactive steps to ensure that campuses remain free from harassment, bullying, drugs, and other harmful substances, thereby ensuring a safe and healthy living and learning environment for all students.	Detailed instructions shall be issued by Registrar & DoS for implementation of measures against harassment, bullying, drugs and other harmful substances.	



14	All residential-based institutions shall install tamper-proof ceiling fans or equivalent safety devices, and shall restrict access to rooftops, balconies, and other high-risk areas, in order to deter impulsive acts of self-harm.	Requisite instructions as applicable shall be issued by Registrar & DoS for implementation of these measures.	
15	All coaching hubs, including but not limited to Jaipur, Kota, Sikar, Chennai, Hyderabad, Delhi, Mumbai, and other cities where students migrate in large numbers for competitive examination preparation, shall implement heightened mental health protections and preventive measures. These regions, having witnessed disproportionately high incidents of student suicides, require special attention. The concerned authorities, namely, the Department of Education, District Administration, and management of educational institutions, shall ensure the provision of regular career counseling for students and parents, regulation of academic pressure through structured academic planning, availability of continuous psychological support, and the establishment of institutional mechanisms for monitoring and accountability to safeguard student mental well-being.	Not Applicable. However, structured academic planning, availability of continuous psychological support, and the establishment of institutional mechanisms for monitoring and accountability to safeguard student mental well-being shall be ensured.	



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All the nominated officials, as per the minutes of the meeting, are requested to take appropriate action within the given timeframe please.

There being no further points, the meeting ended with vote of thanks to the Chair.

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Brigadier RK Sharma, SM (Retd)

Registrar & Dean of Students

13 August 2025

Copy to:-

VC Office – For information of the Vice Chancellor.

All Deans and HODs

Chief Warden, Dr Anupriya, Dr Hemant Sood, Dr Anita, Ms Aman (Counselor)

Mr MR Zinta, Dr Jay Prakash, Dr Ankita Sohal,