ANTI DRUG COMMITTEE, JUIT WAKNAGHAT

REPORT FOR THE GROUP CONSLING SESSION AND PLEDGE for TOBACCO-FREE YOUTH CAMPAIGN (TFYC) 4.0 (30-10-2026)

A group counseling session was organized by the **Anti Drugs Committee**, JUIT for **Tobacco-Free Youth Campaign (TFYC) 4.0** on **30th October 2026** in **LT-2** for the batches BT01, BT02, BT03 and the **number of students reached out was 84** for the session. The session highlighted the menace of Tobacco, discussed the ill effects of tobacco consumption leading to the problem of addiction and mode of consumption. The session drew attention towards the circumstances that lead the individuals to consume tobacco and how to prevent and overcome these circumstances. The after effects of tobacco consumption and smoking were discussed. The students took a pledge not to take tobacco and also stop others also from smoking the same.




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