



JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY
WAKNAGHAT, P.O. – WAKNAGHAT,
TEHSIL – KANDAGHAT, DISTRICT – SOLAN (H.P.)
PIN – 173234 (INDIA) Phone Number- +91-1792-257999
(Established by H.P. State Legislature vide Act No. 14 of 2002)



Anti-Drug Pledge Campaign and Personality Development Program

Date: 7 August 2026

Venue: LT-2

Time: 11:00am to 12:00pm

No of Participants: 70

With the objective of creating awareness among young people about the harmful effects of substance abuse and encouraging them to adopt a healthy, positive, and disciplined lifestyle, an “**Anti-Drug Pledge Campaign**” was organized at **Jaypee University, Wagnaghat**, on **7 August 2026**.

The programme was conducted under the guidance of distinguished members from **Prajapita Brahma Kumaris Ashram**, including **Shri K.K. Raina Ji and Shri Bhopal Sharma Ji**, along with **Bhramkumari Bahan. Babita Ji and Bhramakumari bahan . Shailja Ji**. The programme focused on sensitizing students about the negative consequences of drug and substance abuse and motivating them to make responsible and positive choices in life.

During the programme, students were made aware of the serious **personal, psychological, academic, familial, and social consequences of substance abuse**. It was emphasized that addiction not only affects an individual's physical and mental well-being but can also negatively influence personality, education, career prospects, relationships, and overall quality of life. Students were therefore encouraged to stay away from drugs and other harmful substances and to channel their energy towards education, career development, personal growth, and constructive activities.

Special Session on Personality Development

A special session on **personality development** was conducted by **Ms. Babita Ji**, who provided detailed guidance to the students on various aspects of developing a balanced and positive personality.

She particularly highlighted the importance of **Aachar (conduct), Vichar (thoughts), and Ahaar (diet)** in shaping an individual's personality and lifestyle. She explained that personality development is not limited to external appearance or communication skills; rather, it is deeply influenced by one's thoughts, behaviour, habits, values, and daily lifestyle.

Students were encouraged to maintain **positive and disciplined thoughts and behaviour**. It was explained that thoughts have a significant influence on our actions and overall personality. By developing positive thinking, avoiding unnecessary negativity, focusing on one's strengths, and working consistently towards personal goals, an individual can develop greater confidence and emotional balance.

The importance of a **healthy and balanced diet** was also discussed. Students were encouraged to develop healthy eating habits and maintain a disciplined daily routine. It was emphasized that a healthy body and



a calm mind are important foundations for effective learning, personal development, and a productive life.

Meditation and Mind Relaxation Session

As part of the program, students were also introduced to **meditation practices**. A guided meditation session was conducted to help students experience the benefits of relaxation, mental calmness, and concentration.

Students were explained the importance of taking time out from their daily academic and personal responsibilities to relax and refresh their minds. Simple techniques for **mind relaxation, stress management, concentration, and maintaining a positive state of mind** were also shared.

The students were encouraged to incorporate meditation and other positive practices into their daily routine. They were motivated to develop habits that can help them remain calm, focused, confident, and positive while dealing with the challenges of academic and personal life.

Collective Pledge Against Substance Abuse

The most significant and inspiring part of the program was the **collective Anti-Drug Pledge**. Approximately **70 students** actively participated in the program and collectively took a pledge to stay away from drugs and substance abuse.

The students also pledged to create awareness among their peers and in society about the harmful effects of substance abuse. The collective pledge reflected the students' commitment towards maintaining a healthy lifestyle and contributing towards building a healthier and drug-free society.

The activity also promoted a sense of **unity, responsibility, social awareness, and commitment** among the participating students. It reinforced the message that young people have an important role to play in preventing substance abuse and promoting positive lifestyles within their communities.

Presence of University Officials

The programme was attended by **Dean of Students Dr. Rakesh Bajaj Ji, Prof. Dr. Vineet Sharma Ji, and Counsellor Ms. Aman Ji**.

The presence and support of the university officials added significance to the program. The speakers and university representatives emphasized the importance of guiding the energy and potential of young people in a constructive direction.

Students were encouraged to develop **self-confidence, self-discipline, positive thinking, healthy habits, and a strong sense of responsibility**. They were also motivated to remain focused on their academic and career goals and to make choices that contribute positively to their future.

Key Outcomes of the Program

The Anti-Drug Pledge Campaign served as an important platform for creating awareness among students about the dangers of substance abuse while simultaneously promoting **personality development, positive thinking, healthy eating habits, meditation, mental relaxation, and self-discipline.**

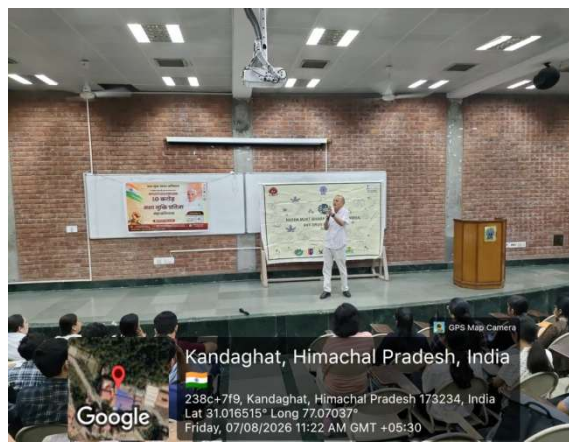
The participation of approximately **70 students** and their collective commitment to staying away from drugs marked an important outcome of the program. The students' active participation demonstrated their willingness to adopt healthier lifestyles and contribute towards creating awareness about substance abuse.

The program also highlighted that preventing drug abuse requires not only awareness but also the development of **positive habits, emotional well-being, self-control, healthy social relationships, and constructive engagement** among young people.

The **Anti-Drug Pledge Campaign and Personality Development Program** at Jaypee University, Wagnaghat, was an informative, meaningful, and motivating initiative aimed at empowering students to make healthy and responsible choices.

Through awareness sessions, guidance on personality development, meditation, mind-relaxation techniques, and the collective pledge, students were encouraged to stay away from substance abuse and adopt a **healthy, positive, disciplined, and responsible way of life.**

The program successfully conveyed the message that the youth can play a vital role in creating a **drug-free, healthy, and progressive society.** The active participation of approximately 70 students reflected their enthusiasm and commitment towards the cause. Overall, the program was highly beneficial and served as an effective step towards promoting awareness, positive thinking, mental well-being, and a substance-free lifestyle among the students.





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S. No Roll No

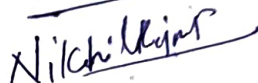
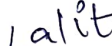
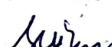
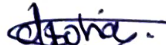
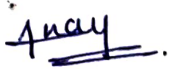
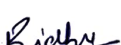
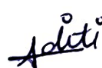
Name

Signature

1)	261030058	Tanmay Suchan	<u>Tanmay</u>
2)	261030016	Rush Jain	<u>Rush</u>
3)	261030008	Manish Kumar	<u>Manish Kumar</u>
4)	261030001	Satkar dhengra	<u>Satkar</u>
5)	261030009	Kunal	<u>Kunal</u>
6)	261030076	Aaryaman Dubey	<u>Rubey</u>
7)	261030044	Arush Kimothi	<u>Arush</u>
8)	261030010	Natwar Droyal	<u>Natwar</u>
9)	261030072	Ishan Sharma	<u>Ishan</u>
10)	261030014	Vivek Kashyap	<u>Vivek</u>
11)	261030053	SAKSHAM KATOCH	<u>Saksham Katoch</u>
12)	261030059	Tushar Sharma	<u>Tushar</u>
13)	261030048	Saksham	<u>Saksham</u>
14)	261030021	Annav Groel	<u>Annav</u>
15)	261030003	Kshitiz Sharma	<u>Kshitiz</u>
16)	261030024	Dhanav	<u>Dhanav</u>
17)	261030329	Kushagra	<u>Kushagra</u>
18)	261030038	Kshitiz Deyra	<u>Kshitiz</u>
19)	261030060	Kirti Wadhvani	<u>Kirti</u>
20)	261030097	Peelu Sharma	<u>Peelu</u>
21)	261030363	Siddhi Kishore	<u>Siddhi</u>
22)	261030142	Sudiksha Agrawal	<u>Sudiksha</u>
23)	261030055	Shruti Thakur	<u>Shruti</u>
24)	261030063	Tapur Gupta	<u>Tapur</u>

S. No.	Roll No.	Name	Signature
25)	261030064	Saanvi Singh	<u>Saanvi Singh</u>
26)	261030073	Vaibhavi Gupta	<u>Vaibhavi Gupta</u>
27)	261030078	Kudrat Gantam	<u>Kudrat Gantam</u>
28)	261030070	Dingun Jassal	<u>Dingun Jassal</u>
29)	261030027	Vanshika Groel	<u>Vanshika Groel</u>
30)	261030032	Anushka Kashyap	<u>Anushka Kashyap</u>
31)	261034001	Divanshi Khuja	<u>Divanshi Khuja</u>
32)	261030041	Vaidehi Sharma	<u>Vaidehi Sharma</u>

Friday - 7th Aug 2020.
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S.No	Roll No.	Name	Signature
1)	261030015	Divyansh	
2)		Hardik	
3)	261030031	Alakh	
4)	261030037	Aditya Mittal	
5)	261030079	Sumanto Kulshrestha	
6)	261030075	Garv Shaka	
7)	261030086	Devansh Pandey	
8)	261030040	Nikhil Rajput	
9)	261030028	Alok Kumar	
10)	261030050	Jaskirat Singh	
11)		Harmanjot Singh	
12)		Kormon Singh	
13)	261030029	Lalit Kishor Mishra	
14)	261030045	Prashant Sharma	
15)	261030340	Saishan Gaba	
16)	261030046	Arpit Sharma	
17)	261030013	Ansh Goyal	
18)	261030011	Dhruv Sohani	
19)	261030051	Anay Gupta	
20)	261030285	Paras Dabb	
21)	261030047	Ridhima	
22)	261030052	Ambika	
23)	261030035	Aditi Karkri	

- 24) Anandya 261030004
- 25) Anya Dhamani 261030012
- 26) Swamin Thakur 261030042
- 27) Nupur Singh 261030066
- 28) Kanishka Anora 261030061
- 29) Khushboo Kaushal 261030065
- 30) Neeraj Choudhary 261030026
- 31) Shreyansh som 261030023
- 32) Aniket Raj 261030342
- 33) Tansh Raj 261030025
- 34) Divyansh Singh 261030019
- 35) Dhruv Thakur 261030338
- 36) Anikait Bhatia 261030077
- 38) Pratham Tiwari 261030068
- 30) Anadhya Sharma 261030062
- 31) Shreyas Yamanji 261030354
- 32) Aditya Thakur 261030043
- 33) Sahil Kasrayap 261030219
- 34) Manish Chauhan 261030034
- 35) Shivam Kumar 261030033
- 36) Dhruv 261030080
- 37) Ritavya Sharma 261030350

Ana

Swamin Thakur

Nupur Singh

Kanishka

Khushboo Kaushal

Neeraj

Shreyansh

Aniket

Tansh Raj

Divyansh

Dhruv Thakur

Anikait

Pratham Tiwari

Anadhya

Shreyas Yamanji

Aditya

Sahil Kasrayap

Manish

Shivam

Dhruv

Ritavya

Friday 7th Aug 2016.

LT 2 - 11-12 Noon.

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